

FINAL ANNOUNCEMENT

THE METABOLIC MATRIX

UNLOCKING THE LINK BETWEEN

DIABETES, DYSLIPIDEMIA & ORGAN DAMAGE

16 - 17 AUGUST, 2025

NOVOTEL JAKARTA MANGGA DUA SQUARE

1 KEYNOTE LECTURE

1 PLENARY LECTURE

4 EDUCATIONAL LECTURES

7 SYMPOSIA

2 WORKSHOPS

1 PANEL DISCUSSION



DAY 1 | SATURDAY, 16 AUGUST 2025 | BETAWI BALLROOM A + B 5th FLOOR

Time (WIB)	Topic	Speaker	Moderator
07.00 - 08.00	Registration and PRE TEST		
08.00 - 08.10	Opening Speech Chairman; dr. Rochsismandoko, SpPD-KEMD, FACE (BANTEN)		
	PLENARY LECTURE: Paradigm Shift or Medical Myth?: Obesity is a Disease		
08.10 - 08.35	The Position of Diabetes and Dyslipidemia Care in Chronic Disease Management in Indonesia	Prof. dr. Dante Saksono Harbuono, SpPD-KEMD, PhD (JAKARTA)	Prof. dr. Hari Hendarto, SpPD-KEMD, PhD (BANTEN)
	EDUCATIONAL LECTURE 1: The Metabolic Matrix : A Hidden Engine behind CKM Syndrome		
08.35 - 09.00	Roadmap of Chronic Disease Management: CKM, DCRM 2.0 and further	Prof. Dr. dr. Sidartawan Soegondo, SpPD-KEMD, FACE (JAKARTA)	dr. Rochsismandoko, SpPD-KEMD, FACE (BANTEN)
09.00 - 09.15	Q/A		
09.15 - 09.45	Exhibition Opening + Coffee Break		
	SYMPOSIUM 1: “Mastering Lipids with DCRM 2.0: The Future of CKM Risk Reduction”		
09.25 - 09.50	Unlocking the Link of Diabetes, Dyslipidemia and Organ Damage	Prof. Dr. dr. Sidartawan Soegondo, SpPD-KEMD, FACE (JAKARTA)	dr. Bowo Pramono, SpPD-KEMD (YOGYAKARTA)
09.50 - 10.15	Stepwise Dyslipidemia Management ?	Prof. Dr. dr. Hikmat Permana, SpPD-KEMD (BANDUNG)	
10.15 - 10.25	Q/A		
	SYMPOSIUM 2: Perfect Tuning in DCRM 2.0: A Holistic Approach		
10.25 - 10.50	The Triple Harmony: Orchestrating Diabetes-Cardio-Renal-Metabolic	Prof. Dr. dr. Sidartawan Soegondo, SpPD-KEMD, FACE (JAKARTA)	Dr. dr. Made Ratna Saraswati, SpPD-KEMD (BALI)
10.50 -11.15	The Duo Consonance: Timely and Simple Diabetes Care	Prof. Dr. dr. Imam Subekti, SpPD-KEMD (JAKARTA)	
11.15 - 11.25	Q/A		
	SYMPOSIUM 3: Novel Treatment to Optimize CV Protection in T2D and Hyperlipidemia		
11.25 - 11.50	Unlocking the Full Efficacies of GLP-1 RA: Blood Sugar, CV Risks, Renal Protection & Beyond	Prof. Dr. dr. Pradana Soewondo, SpPD-KEMD (JAKARTA)	dr. Leny Puspitasari, SpPD-KEMD (BANTEN)
11.50 - 12.15	Novel Therapeutic Strategies for LDL-C Reduction in High-Risk Populations	Prof. Dr. dr. Ketut Suastika, SpPD-KEMD (BALI)	
12.15 - 12.25	Q/A		
12.25 - 13.10	LUNCH		
	SYMPOSIUM 4: Let’s Deep-Seek Old and New Approaches in CKM Management		
13.10 - 13.35	The Present and Future of Lipid Medication	Prof. Raymond R Tjandrawinata, PhD (JAKARTA)	dr. Johanes Purwoto, SpPD-KEMD (JAKARTA)
13.35 - 14.00	The Place of Incretins in the Present Diabetes Management	Dr. dr. Soebagijo Adi, SpPD-KEMD, FACP (SURABAYA)	
14.00 - 14.10	Q/A		
	EDUCATIONAL LECTURE 2: Diabetic Wound Continuum : From Microbiome to Cell Therapy		
14.10 - 14.35	Diabetic Wounds and Regenerative Medicine: A New Era in Wound Care	Prof. Dr. dr. Sidartawan Soegondo, SpPD-KEMD, FACE (JAKARTA)	dr. Rudy Kurniawan, Sp.PD, MM, MARS, Dip.TH, Dip.SN, DCD, FRSPH (JAKARTA)
14.35 - 14.45	Q/A		
14.45 - 16.45	WORKSHOP 1: Chronic Wound Management		
	Managing Diabetic Wound Infection: From Microbiomes to Advanced Strategies	dr. Adisaputra Ramadhinara, MSc, CWSP, FACCWS (JAKARTA)	dr. I Gusti Ngurah Adhiarta, SpPD-KEMD (JAKARTA)
	Practical Session and Hands on	dr. Jimmy Tandradynata, SpPD (JAKARTA)	
	Q/A		

DAY 1 | SATURDAY, 16 AUGUST 2025 | BETAWI BALLROOM A + B 5th FLOOR

Time (WIB)	Topic	Speaker	Moderator
14.45 - 16.45	WORKSHOP 2: The Art of Glycemic Monitoring		
14.45 - 14.55	Introduction to Embracing New Technology in Diabetes	Prof. Dr. dr. Sidartawan Soegondo, SpPD-KEMD, FACE (JAKARTA)	Dr. dr. Libriansyah, SpPD-KEMD, AIFO-K, MM, CIPA (SURABAYA)
14.55 - 15.15	Frequent and Innovative Monitoring to Prevent CV Complications	dr. Farid Kurniawan, SpPD, PhD (JAKARTA)	
15.15 - 15.35	The Perks of CGM, and How to Make the Most of it	dr. Johanes Purwoto, SpPD-KEMD (JAKARTA)	
15.35 - 16.15	Discussion	All	
16.15 - 16.45	Practical Session and Hands-on	Divided in Group A and Group B, @ 15 minutes experience each	

DAY 2 | SUNDAY, 17 AUGUST 2025 | BETAWI BALLROOM A + B 5th FLOOR

Time (WIB)	Topic	Speaker	Moderator
07.00 - 08.00	Re-registration		
	INDEPENDENCE DAY CEREMONY		
08.00 - 08.15	National Anthem and Flag Honoring Ceremony		
	KEYNOTE LECTURE		
08.15 - 08.45	Increased Remnant Lipoprotein: A Missing Link between Diabetes & CVD Risk?	Andi Wijaya, PhD, MBA (JAKARTA)	Dr. dr. Aris Wibudi, SpPD-KEMD (JAKARTA)
	EDUCATIONAL LECTURE 3: From Glucose Lowering to Disease Modifying		
08.45 - 09.10	GLP-1 RA across CKM Syndrome 2025	Prof. Dr. dr. Sidartawan Soegondo, SpPD-KEMD, FACE (JAKARTA)	dr. Tania Tedjo Minuljo, SpPD-KEMD (SEMARANG)
09.10 - 09.35	Q/A		
09.35 - 09.50	COFFEE BREAK		
	SYMPOSIUM 5: Frontloading Cardiometabolic Protection: Integrating Intensified Diabetes and Lipid Management		
09.50 - 10.15	Accelerating Beyond Glucose Control Early Intensification through Combination Therapy	Prof. Dr. dr. Andi Makbul Aman, SpPD-KEMD (MAKASAR)	dr. Ida Ayu Khsanti, SpPD-KEMD (JAKARTA)
10.15 - 10.40	Optimizing Statins as Primary Prevention: the Earlier the Better	Prof. Dr. dr. Sidartawan Soegondo, SpPD-KEMD, FACE (JAKARTA)	
10.40 - 10.50	Q/A		
	SYMPOSIUM 6: Personalizing Diabetes Care: Can Old Friends Transform Glycemic Control?		
10.50 - 11.15	Is Insulin Facing out in Diabetes Management?	Dr. dr. Tri Juli Edi Tarigan, SpPD-KEMD (JAKARTA)	dr. Maya Kusumawati, SpPD-KEMD (BANDUNG)
11.15 - 11.40	Present Positioning of Oral Diabetes Drugs	Prof. Dr. dr. Dyah Purnamasari, SpPD-KEMD (JAKARTA)	
11.40 - 11.50	Q/A		
	SYMPOSIUM 7: Metformin and Insulin Resistance Bridging Research Insight with Everyday Clinical Practice		
11.50 - 12.15	Metformin across the Diabetes Spectrum: Practical Uses from Early to Advanced Stages	Prof. Dr. dr. Ahmad Rudijanto, SpPD-KEMD (MALANG)	Dr. dr. Yuanita Asri Langi, SpPD-KEMD (MANADO)
12.15 - 12.40	Applying Metformin in Real Life: Case-Based Approaches to Diabetes Management	Dr. dr. Hendra Zufri, SpPD-KEMD (ACEH)	
12.40 - 12.50	Q/A		

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Time (WIB)	Topic	Speaker	Moderator
12.50 - 13.20	LUNCH		
	SYMPOSIUM 8: Redefining Comprehensive Care of CKD in CKM Syndrome		
13.20 - 13.45	Anemia Renal in Diabetes Mellitus: The Role of Early Erythropoietin Therapy	dr. Rulli Rosandi, SpPD-KEMD (MALANG)	dr. Alwi Shahab, SpPD-KEMD (PALEMBANG)
13.45 - 14.10	Long- acting Erythropoietin for Anemia in Pre-Dialysis CKD Patient : Achieving Efficacy, Safety and Convenience	Prof. dr. Aida Lydia, Ph.D, Sp. P.D, Subsp. G.H. (K) (JAKARTA)	
14.10 - 14.20	Q/A		
	EDUCATIONAL LECTURE 4: Beyond LDL-Cholesterol, What Next ?		
14.10 - 14.35	Residual Risk Management in Preventing ASCVD: the Role of Cholesterol Remnants	Prof. Dr. dr. Sidartawan Soegondo, SpPD-KEMD, FACE (JAKARTA)	dr. Roy Panusunan Sibarani, SpPD-KEMD, FES (BOGOR)
14.35 - 14.45	Q/A		
	LIPID PANEL DISCUSSION		
14.45 - 15.45	Lipidology: The Next Game Changer in Managing ASCVD	Prof. Dr. dr. Sidartawan Soegondo, SpPD-KEMD, FACE (JAKARTA)	dr. Felix Firyanto Widjaja, SpPD (JAKARTA)
		dr. Dicky Levenus Tahapary, SpPD-KEMD, PhD (JAKARTA)	
		Dr. dr. Nanny N M Soetedjo, SpPD-KEMD, DCN (BANDUNG)	
		Dr. Dwi Yuniati Daulay, M.Kes, Apt (JAKARTA)	
15.45 - 16.00	CLOSING REMARKS / POST TEST	Chairman	

Registration Fee

Participants	Symposium/Lecture (IDR)		Symposium/Lecture + Workshops (IDR)	
	Before July 31 st , 2025	After July 31 st , 2025	Before July 31 st , 2025	After July 31 st , 2025
GP	Rp. 1.400.000,-	Rp. 1.600.000,-	Rp. 1.900.000,-	Rp. 2.100.000,-
Specialist	Rp. 1.800.000,-	Rp. 2.000.000,-	Rp. 2.550.000,-	Rp. 2.750.000,-

Hotel for Accommodation

Hotel	Deluxe Room (IDR)	Executive Deluxe Room (IDR)
Novotel Hotel Mangga Dua Square	Rp. 1.200.000,-	Rp. 1.500.000,-

The committee does not provide a Shuttle Bus. The deadline for hotel bookings and payments is August 10th, 2025 (if rooms are still available)

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